



SPECIAL RULES FOR JUNIOR HIGH DISTRICTS

MESQUITE

- #1 Two hit rule in effect except in front of 10 ft. line, a player may jump and attack a first ball over (not a serve).
- #2 The third game is to 15 points cap of 20
- #3 The 7th grade B may serve behind a line 2 feet inside the normal service line
- #4 All serves must be overhand
- #5 There is a 30 point cap for the first two games of regular play

PLANO

PLANO 7TH GRADE

- #1 All games are played to 25 points.
- #2 A player serving can step up 3 feet in front of the normal service line if serving overhand, otherwise behind the normal service line.
- #3 There is a 30 pt. cap in all games

PLANO 8TH GRADE

- #1 All rules are strictly NFHS rules
- #2 There is a cap of 30 points in all games.

Rockall, Allen, Royse City, Lovejoy, and Wylie

- #1 All games played to 25 points with a cap of 30
- #2 There are no exceptions to NFHS rules.

GARLAND

- #1 Warm up is 3-3-3-3
- #2 7th grade players may serve from a 2 ft line in front of the normal line until Oct. 6. Then everyone serves from the normal line.
- #3 All players must serve with an open hand (no closed fists)
- #4 The ball **MUST** be contacted twice on any served ball.
- #5 All games are to 25 points with a cap of 30 points

RICHARDSON

- #1 All games are played to 25 points with a cap of 30 - NO exceptions.
- #2 7th grade "B" and 7th grade "C" may serve from behind a 2 ft line inside the normal service line. All others **MUST** serve from behind the normal service line.
- #3 **All teams MUST have at least six (6) players suited up and ready to play or it is a forfeit.**

DALLAS

- #1 All players must serve overhand
- #2 7th grade can move up to a 5 ft line to serve
- #3 8th grade can move up to a 3 ft line to serve
- #4 After Sept. 26 all players will serve behind the 3 ft. line

#5 Two Hit Rule: Any first ball over the net (including serve) that is inside the 10 ft line can be played back over the net with one hit (players still cannot block or attack a serve). Any first ball over the net that is beyond the 10 ft. line must be hit twice before it is returned over the net.

#6 The first two sets of a match are to 25 points with a cap of 30 points

#7 The third game is to 15 points

LEWISVILLE

#1 Unnecessary game for 3rd game

CEDAR HILL, DUNCANVILLE, DESOTO

#1 Third game is to 15 points

#2 All 8th graders must serve overhand

#3 7th graders may serve either underhand or overhand

WAXAHACHIE, LANCASTER, FORNEY, RED OAK, MIDLOTHIAN AND ENNIS

Straight NFHS Rules

FRISCO

#1 All "A" games are to 25 with a cap of 30.

#2 The first two games in "B" and "C" games are to 25 with the third game to 15 points and a cap of 20.

#3 Service line is the normal service line.